

Women's Leadership Development Program

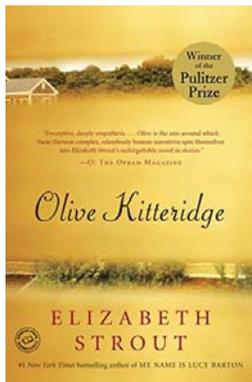
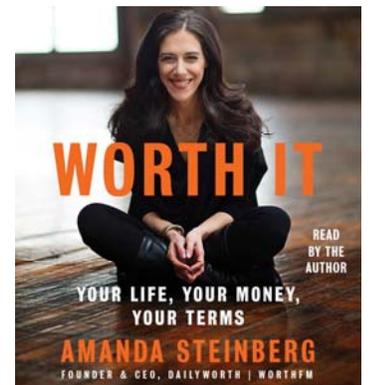
Booked for Lunch! Q2 2017

Booked for Lunch! is a program of the Women's Leadership Development Council dedicated to developing and advancing women leaders through personal and professional development. We meet the second Tuesday of the month for lunch at AFDC to explore topics discovered in a diverse reading list and share stories about our experiences as we work to integrate some of these ideas into our personal and professional lives.

Worth It: Your Life, Your Money, Your Terms, by Amanda Steinberg: From the founder and superstar CEO of DailyWorth.com—the go-to financial site for women with more than one million subscribers—comes a fresh book that redefines the relationship between women, self-worth, and money. Worth It shows women how to view money as a source of personal power and freedom—and live life on their terms.

(<https://www.amazon.com/Worth-Your-Life-Money-Terms/dp/150114099X>)

Self: April 11, 12:45 PM, AFDC



Olive Kitteridge, by Elizabeth Strout: In a voice more powerful and compassionate than ever before, New York Times bestselling author Elizabeth Strout binds together thirteen rich, luminous narratives into a book with the heft of a novel, through the presence of one larger-than-life, unforgettable character: Olive Kitteridge. As the townspeople grapple with their problems, mild and dire, Olive is brought to a deeper understanding of herself and her life—sometimes painfully, but always with ruthless honesty. Olive Kitteridge offers profound insights into the human condition—its conflicts, its tragedies and joys, and the endurance it requires.

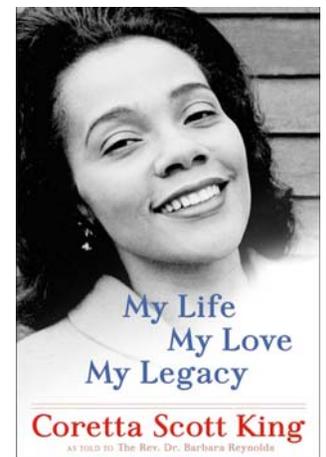
(<https://www.amazon.com/Olive-Kitteridge-Elizabeth-Strout>)

Fiction: May 9, 12:45 PM, AFDC

My Life, My Love, My Legacy, by Coretta Scott King as told to Rev. Dr. Barbara Reynolds: The life story of Coretta Scott King—wife of Martin Luther King Jr., founder of the Martin Luther King Jr. Center for Nonviolent Social Change (The King Center), and singular twentieth-century American civil and human rights activist—as told fully for the first time, toward the end of her life, to Rev. Dr. Barbara Reynolds

(<https://www.amazon.com/My-Life-Love-Legacy/dp/1627795987>)

Biography: June 13, 12:45 PM, AFDC



Encouraging women leaders through personal and professional development.